



## Lifegroups...

...are groups of people who meet to do 'life' together. They are places where community can develop and people can work out what it means to be a disciple of Jesus in the 21st century.

Working this out in community is what it means to be a follower of Christ. He never meant for us to do it alone. So we build communities where we find friendship, give and receive pastoral support and encourage each other to grow in our faith.

## Life in "3-D": UP-IN-OUT

This life together is lived in **three dimensions**: **UP** (a transforming relationship with Jesus), **IN** (authentic community with each other), **OUT** (being the Good News of Jesus where we live and work).

## Many shapes and sizes ...

Which one will be right for you? Read on!

**Questions?** Go to [www.saintjames.org.uk/lifegroups](http://www.saintjames.org.uk/lifegroups) or contact [christoph.lindner@saintjames.org.uk](mailto:christoph.lindner@saintjames.org.uk)





## Group life is spelled ABCDEF...

**Assimilation:** We invite and welcome new people and always have an 'empty chair'.

**Buddies:** we spur one another on and help each other to grow (accountability).

**Confidence in the gospel:** together we gain confidence in knowing the good news of Jesus and in applying it to our lives.

**Disciplines:** at the centre is Jesus Christ whom we encounter through Bible reading, prayer, and worship. Many other Christian disciplines can help us to become more like Him. There is so much more to discover about establishing godly patterns in our lives.

**Engagement with the world:** God invites us to be a part of his mission to a broken world - by supporting one another at our *frontlines*\*, praying for the needs of the world and being creative with activities that reach out beyond our group.

**Family Together:** we share life (and have fun doing that!) and give people a taste of what it means to be the new community of Christ, marked by trust and sacrificial love. Everyone contributes. Lifegroups are the main provider of pastoral care at St James - no-one has to stand alone!

Each Lifegroup will have a slightly different feel to it, as each group is made up of different people applying the ABCDEF in ways which works for their group. This document gives you information on every group so you can find a group that works best for you.

\* *Frontline:* the place where you spend the majority of your time in contact with non-Christians.

## How to join a group...

If you are interested in joining a lifegroup please email Christoph Lindner at [christoph.lindner@saintjames.org.uk](mailto:christoph.lindner@saintjames.org.uk) stating name, contact details and which group suits you. Or alternatively contact the group leader directly.

## A quick guide to which groups meet when... **UPDATE!!**

	Morning	Afternoon	Evening
Monday	1,2	3,4	5-7
Tuesday	8,9	10	11,12
Wednesday	13-20		21-30
Thursday	31-36		37-40
Friday	41		

## Lifegroup Information

- 1. Leaders** Mark Daniel, Gary Palmer, Chris Murfin, James Robey  
**Location** GX  
**Date & time** Mon 7-8am fortnightly, includes breakfast  
**Group info** 'Knowing God and making him known' is what we are about. We look at what the Bible has to say about issues that face men today, we learn how to 'draw near' to God, to know him better and to be 'intentional' in the way we follow him. We encourage, support and pray for each other. From time to time we go out and have a few beers, eat curry, play golf or whatever! A great group for new and old Christians, typical age of attendees is between 30-60.
- 2. Leaders** Ann Stewart  
**Location** St James  
**Date & time** Mon 10.15 for 10.30 – 11.45am  
**Group info** We are a cluster of groups for older members of the congregation meeting on every other Monday in term time in the church centre. Join us for a relaxed time of friendship, discussion and prayer focussed around topics from the Bible. We follow an Alpha style model with coffee and cake to start with followed by a talk and discussion time. We share communion once a term. Our set up is ideal for anyone who needs easy access, transport, a hearing loop or just some good company.
- 3. Leaders** Fiona Trigg  
**Location** GX  
**Date & time** Mon 2.15pm, fortnightly  
**Group info** We meet for fellowship and for studying the bible in comfortable surroundings. We have a prayer time for friends, family, our church and the world situations and sometimes we take an outing together.
- 4. Leaders** Enid Marsh  
**Location** Venue varies  
**Date & time** Mon 2.30pm  
**Group info** We are a group of retired men and women from both churches, meeting weekly for prayer, Bible study, and fellowship. We aim to deepen our personal relationship with God and to reflect his love for us in the way we serve our church family and the wider community. We give support to each other pastorally and in prayer.
- 5. Leaders** David Mulligan & Martin Josten  
**Location** GX & Seer Green  
**Date & time** Mon 7.45pm, fortnightly  
**Group info** Our group are in their 40s, 50s and 60s and gather bi-weekly for Bible study, prayer and fellowship and share dinner around once a term.
- 6. Leaders** Martin & Sophie Williams, Dave Mackie  
**Location** Venue varies  
**Date & time** Mon 8.00pm, fortnightly  
**Group Info** Our group meets fortnightly on a Monday. We are glad to welcome new members. Most of the group has attended Alpha relatively recently and we try to shape our group time around the evolving needs of the group as we explore faith and grow together. There is a real emphasis on friendship and fun as well as learning.

**7. Leaders** Renate Danner & Jon Willcocks  
**Location** CSP  
**Date & time** Mon 8.15pm  
**Group info** Our age range is between 50-80 years. We usually study a book of the Bible, pray for each other and the church and the world. We aim to support each other in both our every day concerns and spiritual lives. We meet every week but are flexible about life's demands occasionally preventing this. Inevitably we socialize at meetings to some extent, but we also laugh a lot!

**8. Leaders** Andrew Shingleton  
**Location** GX  
**Date & time** Tues 7.45am  
**Group info** We are a group for men. In addition to Christian fellowship, we value both Bible study and prayer, and in order to ensure a proper balance, we alternate priority from meeting to meeting.

**9. Leaders** Mary Russell & Sue Fletcher  
**Location** GX  
**Date & time** Tues 10am  
**Group info** We are a group of women aged between 60-70 years. We are a great supportive group and believe in the power of prayer. We are studying the gospel of John at the moment.

**10. Leaders** Graham & Maggi Davison  
**Location** GX  
**Date & time** Tues 2.30-4.30pm, 8 meetings a term  
**Group info** We are a mixed sex group who worship at different churches and attend differing styles of service. We meet together to study the bible in some depth and consider its applications to our daily lives. We encourage each other to lead studies and prayers and enjoy love, fellowship and laughter.

**11. Leaders** Barbara Hazell & Jill Castle  
**Location** Beaconsfield  
**Date & time** Tues 8-9.45pm, fortnightly  
**Group info** We are a group of working women gathered together to support one another in our Christian walk. We learn together from the Bible, share our joys and our needs, and pray for one another.

**12. Leaders** Ralph & Ruth Findlay  
**Location** CSP  
**Date & time** Tuesday (TBC)  
**Group info** We want to be disciples of Christ, making a difference in the world. We meet together once a week to encourage each other, pray together, swap notes, fill up on the word and go back out there. It involves commitment, coffee, shortbread, fellowship and fun.

**13. Leaders** Val Dewhurst  
**Location** Venue changes monthly  
**Date & time** Wed 9.30-11.45am  
**Group info** We are a group of dedicated ladies of mixed ages who meet to have bible study together ,to support each other with prayer and love, to listen to each other in a trusted environment and to respond pastorally where necessary. New members will always be welcomed

**14. Leaders** Tricia Fiddian & Helen Dawson  
**Location** Venue varies  
**Date & time** Wed 9.30-11.45am  
**Group info** We are a group of women meeting weekly to enjoy half an hour of fellowship, followed by a significant time devoted to a variety of studies and worship, closing with prayer. We demonstrate commitment to the group by our regular attendance, participation and willingness to share in a confidential environment. We respect, support, and encourage each other in our personal and spiritual growth taking turns to lead the studies. Having fun and meeting socially is also important

**15. Leaders** Jeanette Fletcher & Catherine Beaton  
**Location** Stoke Poges  
**Date & time** Wed 9.30am-12pm  
**Group info** There are ca. 10 ladies in our group, aged between 40-80. We begin the morning with coffee and time to catch up. Then we will spend time in Bible study and prayer. We always have a very special morning and aim to encourage and support each other in our walk with God and grow in our knowledge and understanding of him.

**16. Leaders** Elspeth Hughes-Penney & Dinah Roberts  
**Location** Venue varies  
**Date & time** Wed 9.30am  
**Group info** We are a group of women with a heart for God and a desire to be spirit led rather than agenda driven. We meet weekly for spiritual refreshment and to encourage each other in our faith through fellowship, prayer and bible study so that we can go out and be a blessing to others

**17. Leaders** Jill Armstrong & Gill Headington  
**Location** Venue varies  
**Date & time** Wed 9.30am  
**Group info** Our group is fairly small but we're very lively and getting a word in can be a challenge... We spend an hour and a half in bible study which we lead in turn. We are not afraid to ask each other challenging questions but have found we can voice our different views and still remain friends! We also support each other in prayer, serve the community together at SHOC and enjoy each other's coffee, cakes and company.

**18. Leaders** Angela Newey  
**Location** GX  
**Date & time** Wed 9.30-11.30am  
**Group info** We are a group of ten ladies (most of us with grown families) who care deeply for each other with hearts centered around Jesus, God's word and how that can apply to our daily lives. We enjoy Bible based discussions, some prayer time, socials together, laughter and the odd brunch!! We seek as a group to support St James by using our gifts in service in our Church and in our community whenever we can. New members will receive a warm welcome.

**19. Leaders** Carol Carter  
**Location** GX  
**Date & time** Wed 10am-12pm  
**Group info** We are an all female group of mixed ages. We study and apply the Bible to our lives plus using resources to create a highly personal approach to developing and growing its members. We laugh and cry together, praying through issues which concern our families, friends, the community and the world.

**20. Leaders** Annabelle Young & Frances Cunningham  
**Location** Venue varies  
**Date & time** Wed 10am  
**Group info** We cherish our time together on Wednesday morning! We have good coffee and fellowship leading us into our time of worship, prayer and bible study. We love to share and encourage each other to grow in our faith.

**21. Leaders** Matt & Cindy Crump  
**Location** Venue varies  
**Date & time** Wed 6.30 (supper), 7.45-9.30pm fortnightly  
**Group info** We try to have a group that is roughly representative of the church family (married, single, mixed age and gender), The purpose of the group (which we discuss regularly) is to study God's word and thereby grow as followers of Christ (the priority), to pray together and for each other, to support each other as and when the need arises, to have some fun and laughs. Our theology tends to conservative evangelical. All members of the group are expected to take their turn in leading studies. We regard supper together as especially valuable, but recognise that not everyone will be able to make it.

**22. Leaders** Andrew Nealon & Tish Littlewood  
**Location** Stoke Poges  
**Date & time** Wed 7.15-10.00pm  
**Group info** We are a relatively new and small group which was formed after the Alpha course. Therefore, the emphasis of our time together has been spent on nurturing and encouraging each other in our walk with Christ and in the fundamentals of bible study and prayer. We are a mixed group between the ages of 30 and 60 and meet on a weekly basis in a relaxed and enjoyable way.

- 23. Leaders** Mark & Kathryn Lovewell, Tom & Mandi Townsend  
**Location** Little Chalfont  
**Date & time** Wed 7.30pm  
**Group info** We are a God-centred community of singles and couples with young children providing each other with friendship, practical help and prayer support during weekly meetings and in between. We study Biblical characters, topics or books and the nature of the study varies week to week from light-hearted quizzes and games to in-depth analysis and life application. On the first Wednesday of each month we share a meal together and have extended opportunities for prayer.
- 24. Leaders** Kathryn Walton  
**Location** GX  
**Date & time** Wed 7.30pm  
**Group info** We are a very friendly group of young adults. We share food, study the bible, encourage one another and pray together. Newcomers welcome.
- 25. Leaders** Phil & Anna Mann  
**Location** GX  
**Date & time** Wed 7.30pm  
**Group info** Our group consists of people in their 20s and 30s. We gather weekly for food and value building community, and deepening our relationships with God, each other and his world.
- 26. Leaders** Nick Payne & Ed Clark  
**Location** Farnham Common  
**Date & time** Wed 7.45pm (not first wed of month)  
**Group info** Our group consists of 8-10 people, in roughly equal numbers of men and women, 50s and 60s. We meet on most Wednesday evenings in Farnham Common for to learn more about God through bible study. We enjoy the care and support within the group, not least our end of term meals together and other social events. In this way our Lifegroup helps each of us to develop our Christian walk and grow in our fellowship with one another.
- 27. Leaders** Leona McNamee  
**Location** Farnham Common  
**Date & time** Wed 8-10pm  
**Group info** A typical evening includes warm fellowship, worship, bible study and prayers. We are a welcoming, fun-loving, friendly group of men and women who are supportive and caring and who share the good times as well as the bad. There is always plenty of laughter and sometimes tears. We enjoy social events together too. We are keen to grow in God's word and bring variety to our studies by rotating and/or sharing the facilitation (no compulsion, however!).



**28. Leaders** Paul Ivin  
**Location** Venue varies  
**Date & time** Wed 8-10pm  
**Group info** Please join our mixed group of men and women of all ages, as we grow in our faith and learn to trust God together. After coffee, the evening main course may include bible study, prayer, worship with side orders of spiritual practice such as lectio divino and meditation and not forgetting a proper meal once or twice a term.

**29. Leaders** Geoff and Heather Thompson, Peter and Chris Gilford  
**Venue** Seer Green  
**Date & time** Wed 7.45pm  
**Group info** We meet to support one another, study God's word together, pray and have fun. Support is aimed at all of life's aspects - physical, emotional, spiritual and psychological, through building strong fellowship and friendship and walking alongside one another on our spiritual journey. Tea or coffee kicks off the evening followed by the night's Study and then rounded out with prayer. Members are encouraged to lead when they are ready and willing to prepare a subject for discussion. We also meet socially for meals or events from time to time.

**30. Leaders** Robert Westcott and Lisbet Diers  
**Venue** Beaconsfield  
**Date & time** Wed 7.45pm  
**Group info** We meet each week to provide friendship, support and encouragement in our Christian growth — travelling our spiritual journey together. Evenings begin with tea/coffee and social catch-up. Then we move on to the study topic followed by a time of prayer. Study topics are chosen from church themes if provided, and from a range of interesting materials chosen by consensus at other times. Group members are asked to spend a small amount of time in preparation for the study each week, and are encouraged to take turns in leading the discussion when they feel ready. From time to time we meet socially for events outside the Wednesday evening sessions, such as outings, meals together and celebrating life events.

**31. Leaders** Julia Cumming  
**Location** GX  
**Date & time** Thurs 9.30-11.30am  
**Group info** We are a group of lively ladies aged between 40-60ish who meet every week to 'do life together' with God as our bedrock. We always have a bible study on the go but some weeks, life just takes over and we find ourselves rallying round whichever one of us is in need of extra love, support and prayer.

**32. Leaders** Anne Davies & Margaret Stevenson  
**Location** GX  
**Date & time** Thurs 9.30am  
**Group info** We are a pastoral group of women who try to relate the Bible to our everyday lives. After an opening prayer we enjoy watching a DVD based on our current study book which always leads to wide-ranging discussion on the subject. We have a short time of prayer before coffee, biscuits and general chat. We value fellowship, confidentiality and friendship with one another

- 33. Leaders** Hazel Robinson, Rhiannon Singleton & Jen Marshall  
**Location** Saint James centre  
**Date & time** Thurs 9.30-11.15am with a creche  
**Group info** We are a group of currently all ladies most of whom have come from Thursday Alpha. We explore the Christian faith further together through looking at the bible and supporting each other in prayer and in practice. We have a "no question too basic / too silly / too contentious" policy and seem to have serious discussions which almost always involve a lot of laughter.
- 34. Leaders** Claire Gerard  
**Location** Venue varies  
**Date & time** Thurs 9.30-11.30am  
**Group info** We are a friendly and sociable group of women of different ages and stages of life. We meet for refreshments, worship creatively and then study together. We finish with a time of open prayer where each person is encouraged to pray as the Spirit leads them. We share responsibility for hosting, leading worship and the studies, so that every member gets a chance to develop their gifts. We serve together in different missions, including SHOC and Betel Jordans. Our group vision is to become a life-changing group of Spirit-led and Christ-like women with deepening relationships and far-reaching Gospel influence.
- 35. Leaders** Lindsey Mackie & Janet Wilson  
**Location** Venue varies  
**Date & time** Thurs 10-11.45am, fortnightly  
**Group info** We are a group of ladies who are wholly committed to supporting and loving each other in all areas of our lives with God as our centre. Group life is a shared responsibility where everyone participates in hosting and leading and all skills are celebrated. We try to explore different ways of deepening our faith whether it be in Bible Studies or engaging in Church and Community based activities. We welcome all life stages but have no crèche available.
- 36. Leaders** John Luya  
**Location** CSP  
**Date & time** Thur 10.00am , fortnightly  
**Group info** We are a group of retired men and women and the essence of our group is learning more about God through bible study, mutual care and support for each within our group. The leading rotates with each meeting, one person or couple lead the study and one other person provides the music and prayers so all members of the group are involved in every aspect of the group.

**37. Leaders** David & Anne Turner  
**Location** GX  
**Date & time** Thurs 8-10pm, fortnightly  
**Group info** We are a group of 14 mature Christian members who meet fortnightly to study the bible in depth in order to grow in our understanding of God's mind, ways and purposes. We want to ensure that we know and love Him appropriately and stay spiritually awake in an increasingly challenging spiritual environment. We prayerfully support each other, the church and God's activity in the wider world. Twice a month we meet early to share a meal and have informal fellowship together.

**38. Leaders** Sue Stone, Raj Kapur & Anne Leisk  
**Location** GX  
**Date & time** Thurs 8pm  
**Group info** We are a mixed age and sex group who enjoy studying the bible and having socials periodically. We are all potential leaders and share the leadership amongst us which gives us a rich cross section of ideas and thoughts. On paper we are ready to multiply and open to that thought within the same venue.

**39. Leaders** Keith and Jean Lucas  
**Location** Venue varies  
**Date & time** Thurs 7.30 for 8pm  
**Group info** Our aim is for members to be able to say, 'If I miss a meeting I feel deprived for the whole week'. Our study is the centre of the evening, with particular emphasis on its application to us now. Then there is the social dimension; we wish to be known for our parties!

**40. Leaders** Anthony Bargioni  
**Location** Farnham Common (sometimes varies)  
**Date & time** Thurs 8pm  
**Group info** Our group is rooted in the study of Scripture with an emphasis on how we apply it to our lives. We also care for one another and have a lot of fun together. We would like to be known for our parties! As a group we are focusing on helping to build up the community of Fulmer Church.

**41. Leaders** Hedy Hodson  
**Venue** GX  
**Date & time** Fri 8.45-10.30am  
**Group info** We are a welcoming group of women who meet on a Friday morning and a mix of women of different ages and stage attending a variety of services at St James. Our time together is informal, we value friendship, fellowship and seek to focus upon prayer, worship and Bible Study. We vary the format and focus of the morning depending on the series that we are following. We aim to run the group together and enjoy our time supporting each other practically and through prayer.

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For any more information on Lifegroups please contact Christoph Lindner  
([christoph.lindner@saintjames.org.uk](mailto:christoph.lindner@saintjames.org.uk)) or go to [www.saintjames.org.uk/lifegroups](http://www.saintjames.org.uk/lifegroups)